

muddy Church



Summer



EAST
CARDIFF
MINISTRY
AREA



Muddy Church is a community of churches, groups and people who are looking for ways of connecting with their local community and God. It is not just about being in a rural, forest or woodland area but finding the treasures within our communities that offer people a space to gather and connect.

Muddy Church is based around the idea that everyone brings something - it offers places for listening and sharing, acceptance and wondering and requires openness to a community of people all able to see God and to share their lives.

Muddy Church is about discipleship - a journey of faith, growing in understanding of God, developing and being encouraged into deeper relationship with God through informal reflection, natural liturgy and accompanying.



Muddy Church is not just for Christians - it offers a space where whole families can come together, friends can meet up, those alone can walk with others and people are invited to share their questions and lives.

Muddy Church does not come with set structures, regulations or formats it is based on the idea that each community is different and will need a unique look and approach. There are spaces of sharing ideas, good practice and support through being a part of this community.

The approach of Muddy Church is of sharing faith and the basis of this is a Trinitarian God, who has Created and is creating and is present all around us. A God who has invited us into our communities and to be a part of what is happening within them.

Get ready



Can you find some items that fit in the traffic lights?

What's the first thing you do in the morning to get ready for the day?



What about a game of hide and seek?

What can you see that is red?

What can you see that is orange?

What can you see that is green?

Can you find any items hidden outside?

Is your memory as good as a squirrel?

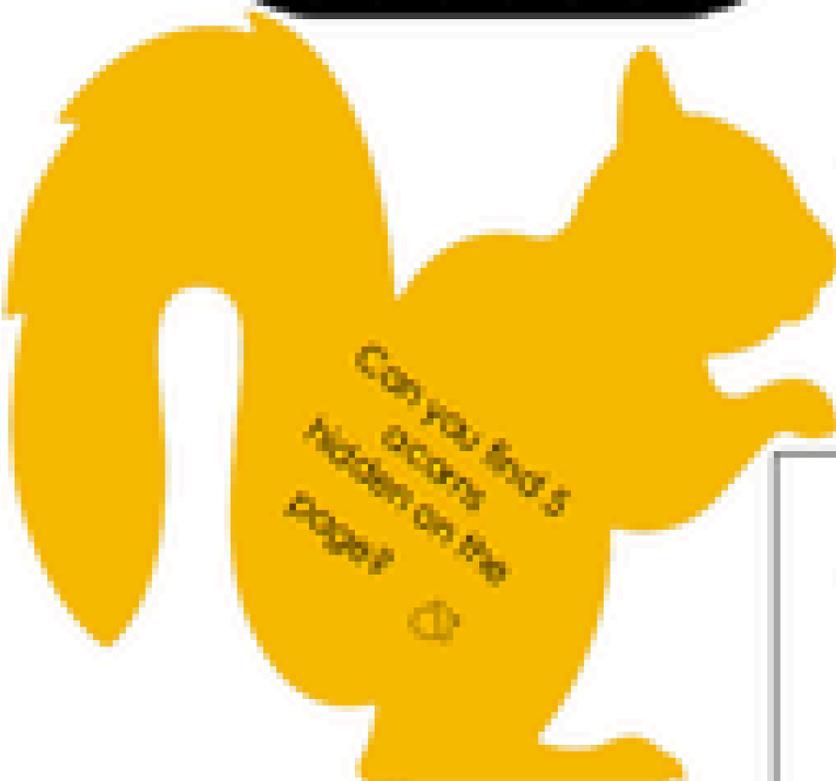


Take a look at these 15 items and then look away for a minute and see how many you can remember!



Matthew 25:1-13 tells a story Jesus said about being ready and prepared. Have you ever needed to get ready for something, what did you do? How did you feel? Was it exciting, were you nervous, did you worry about anything you had forgotten?

Sometimes changes or new things can be exciting. I wonder if the trees worry about their leaves changing?



Did you know?

Squirrels hide their food all over the forest, it is called 'caching'. They can hide up to 3000 nuts!



PARACHUTE GAME

Everyone should hold the parachute at about waist height.

As the below song is sung, everyone raises the parachute above their heads.

When someone's name is called, they run under the parachute.

The parachute is slowly lowered to try and gently 'trap' the player.

Play until all the players (who'd like to) have had a turn.

The song is sung to the tune of Row Row Row your Boat and goes like this:

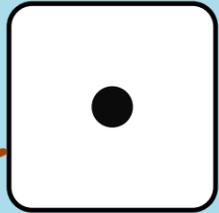
*Up, up, up it goes
Down, down, down it comes
If your name is ---
(put in someone's name)
Now's your turn to run*



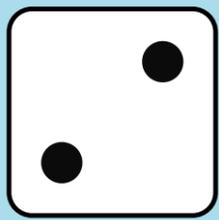
THANK YOU GOD FOR BUGS!

Roll the dice and perform the action of the number you get.

As you wiggle like a worm or fly like a dragonfly say thank you to God for God's wonderful creation.



Flutter like a butterfly



Buzz like a bee



Munch like a caterpillar



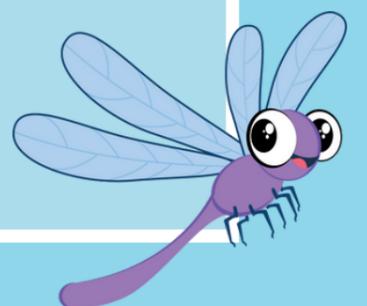
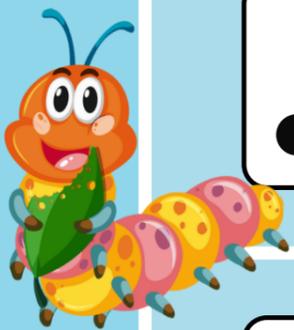
Crawl like a snail



Wiggle like a worm



Fly like a dragonfly



TRY AT HOME!

Why not play this game at home. If you don't have a dice you could ask someone to call out random numbers or pick them out of a bowl.

WALKING THROUGH THE FOREST

Walking through the forest x2

What can I see? x2

I think I saw a ...

Looking back at me. x2

I think I saw a ... (action)

I think I saw a ... (action)

I think I saw a ... (action)

Looking back at me

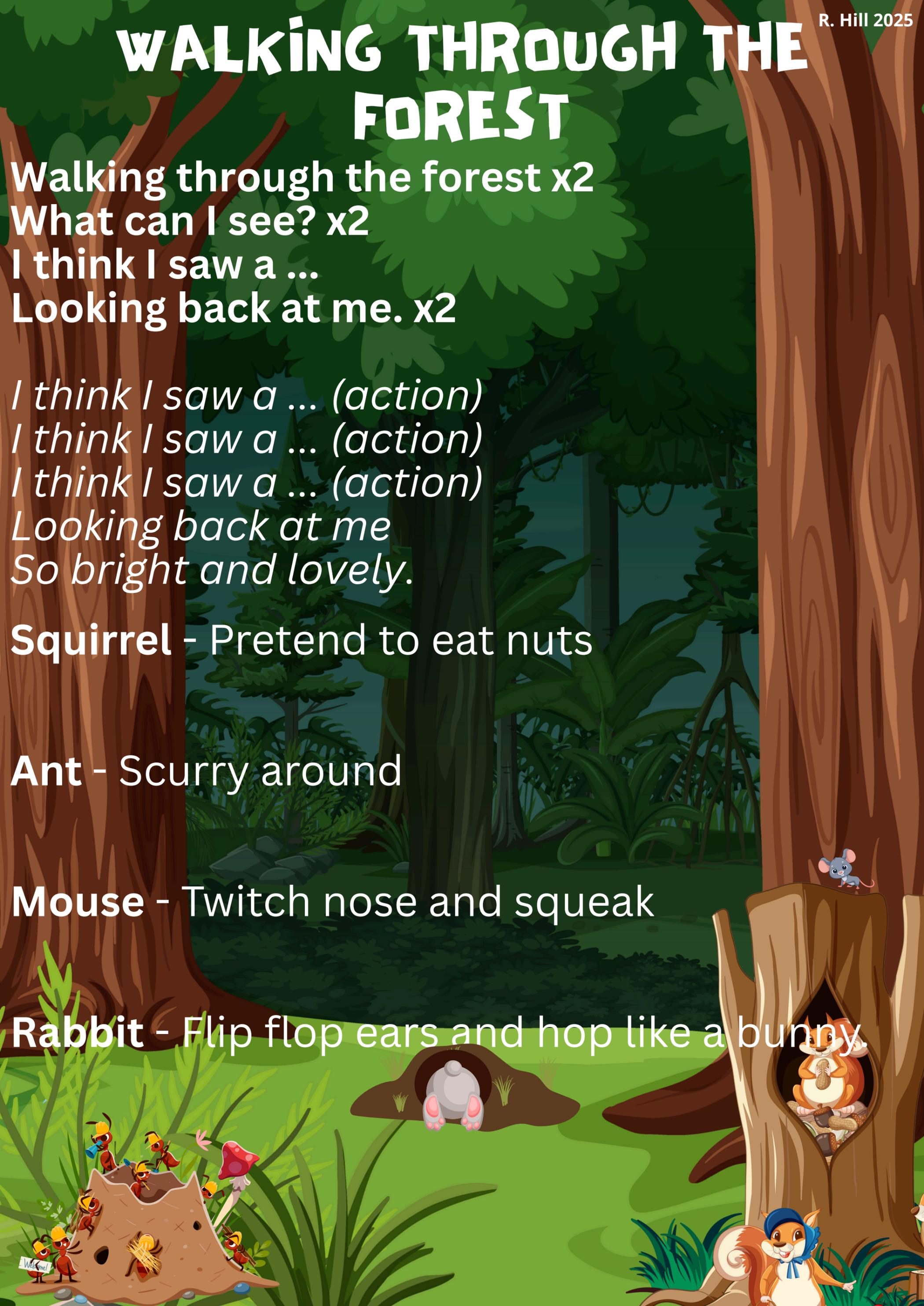
So bright and lovely.

Squirrel - Pretend to eat nuts

Ant - Scurry around

Mouse - Twitch nose and squeak

Rabbit - Flip flop ears and hop like a bunny.



Tree experts
sometimes listen to
trees to be able to
know if they are ill,
diseased or healthy.

Listen.....

Trees and plants are singing their own song.

For hundreds of years writers have talked about the different sounds of trees - big leaves rustling, pine needles whistling, branches creaking.

Leaves on trees are said to rustle but on the ground some people say they crunch or crackle.

What do you think they sound like?

**I wonder if you can hear a song
from the trees or leaves?**

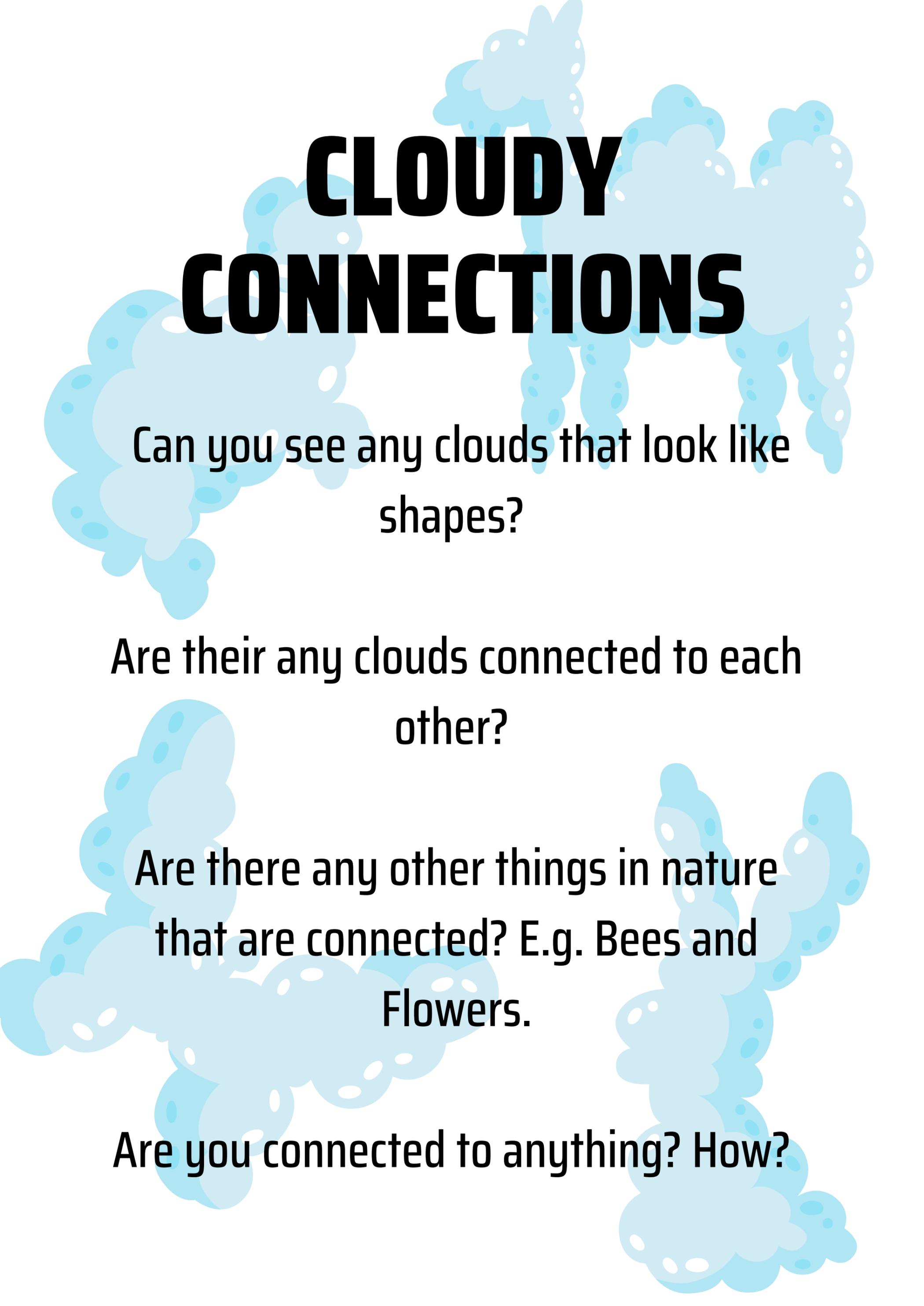
Amazing

Did you ever stop and think
how amazing the world is?

Take a look and see some
things that you think are
wonderful.

I wonder if you realise how
wonderful you are?

Can you see
fingerprints
anywhere else than
on your own finger?



CLOUDY CONNECTIONS

Can you see any clouds that look like shapes?

Are there any clouds connected to each other?

Are there any other things in nature that are connected? E.g. Bees and Flowers.

Are you connected to anything? How?

Thinking Stones

Take a bit of air dry clay.

Roll into a ball then flatten with your hand to make a disc.

Press leaves, twigs, sparkly bits etc into the clay.

Leave to dry.

When you get home you could paint with PVA glue to help it last longer.

Listen to the world
around you. Can you
hear your breath slowly
moving in and out...

Still

Can you be still for a moment and breathe deeply.

What can you smell?

What can you hear?

Life can be full of things to do and places to go, lists or reminders. But can you be really still, without thinking about all of this other things but just enjoying this moment?

I wonder how being still makes you feel?



SPIDER PRAYERS

LET THE HEAVENS BE GLAD, AND LET THE EARTH
REJOICE;
LET THE SEA ROAR, AND ALL THAT FILLS IT;
LET THE FIELD EXULT, AND EVERYTHING IN IT!
THEN SHALL ALL THE TREES OF THE WOOD SING FOR
JOY
PSALM 96. 11-12

Stand as a group in a circle.

Close your eyes and think of someone or something that you would like to surround with love.

Ask God for good things for them.

Hold your bit of the string and then throw the ball to another person in the circle.

Once everybody has said their prayer we'll hopefully have our own spider web of prayers!

TRY AT HOME!

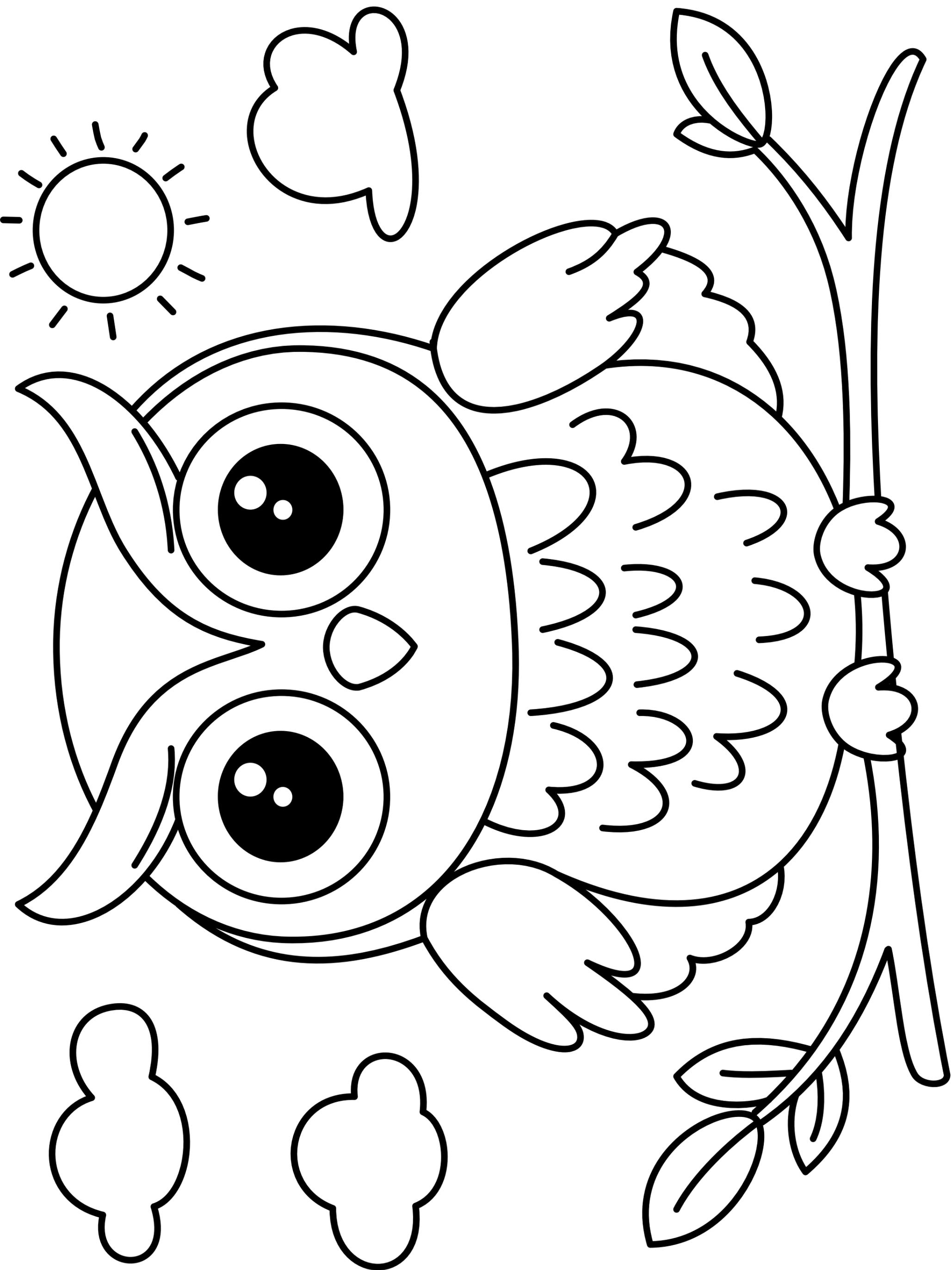
**Decorate your spider!
As you colour or glue and stick think about all the wonderful people in your life
Ask God to give them a big hug!**

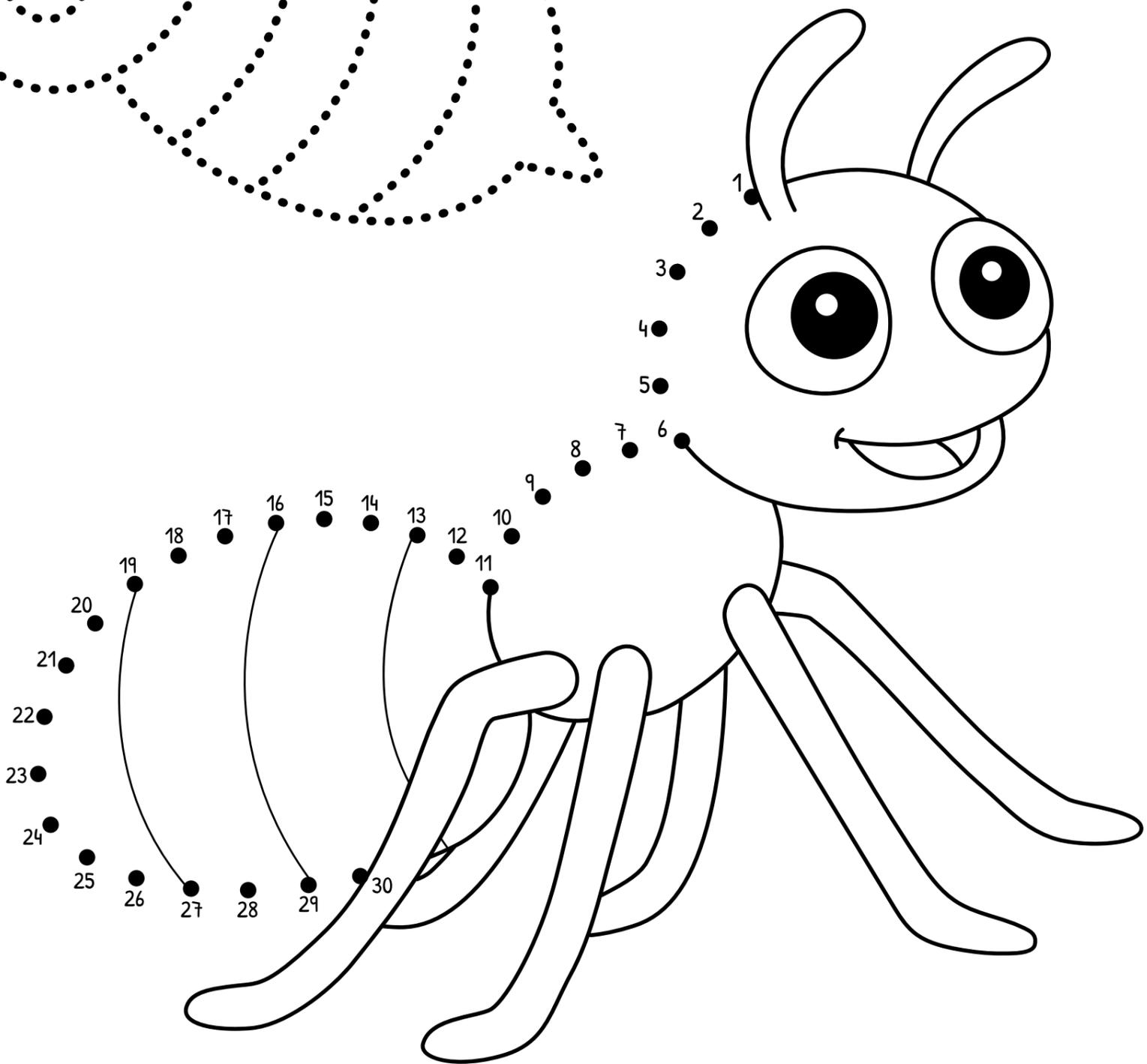
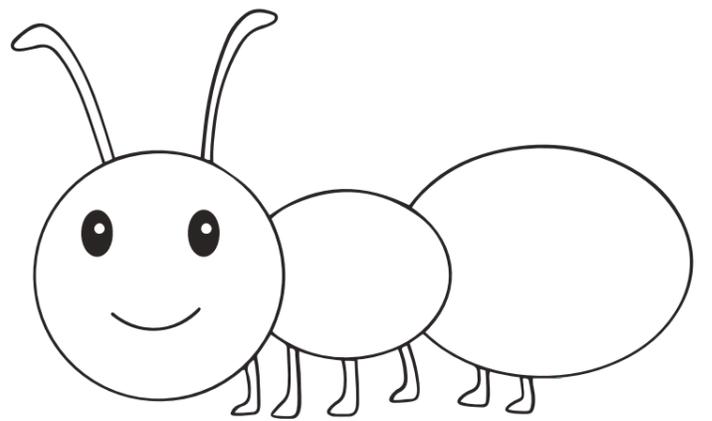
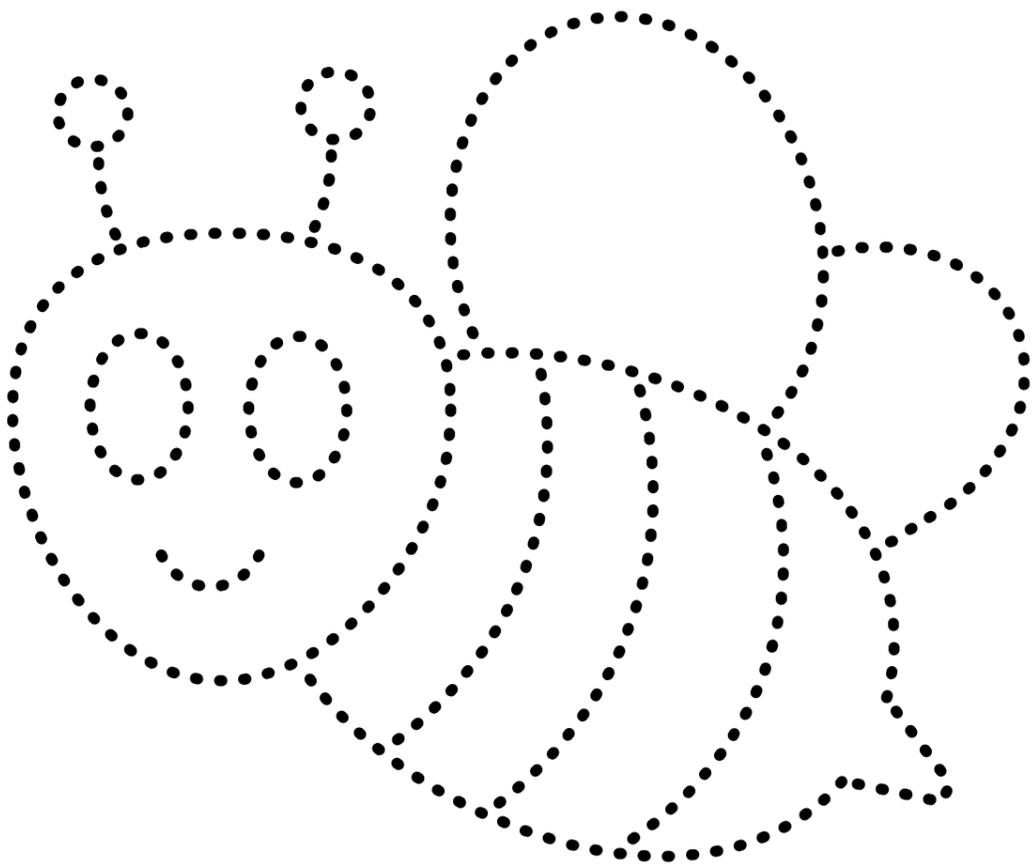
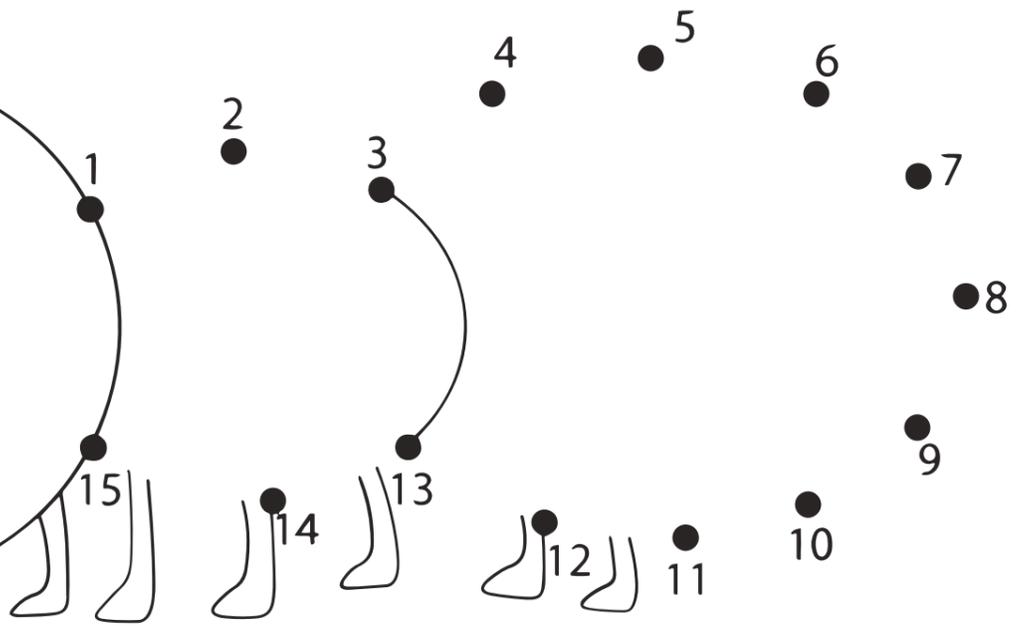
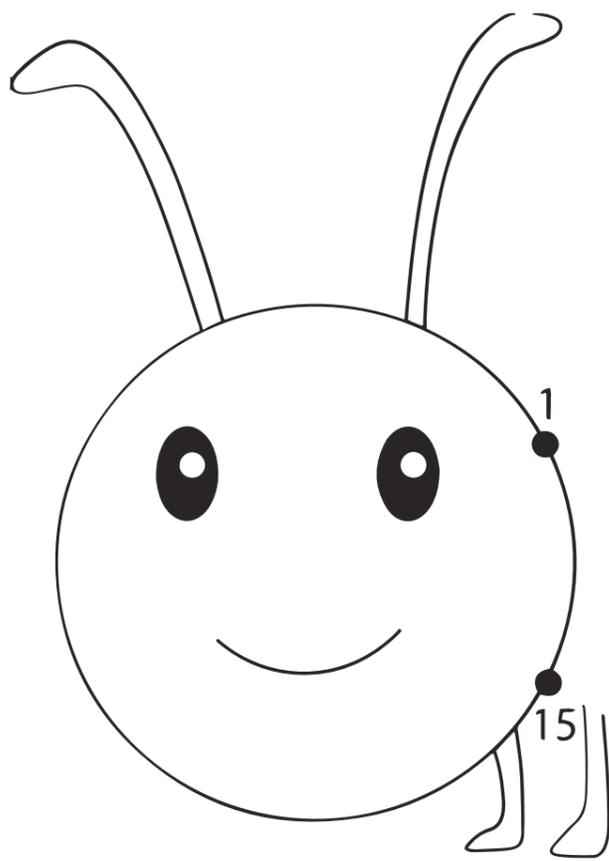


Boredom Busters



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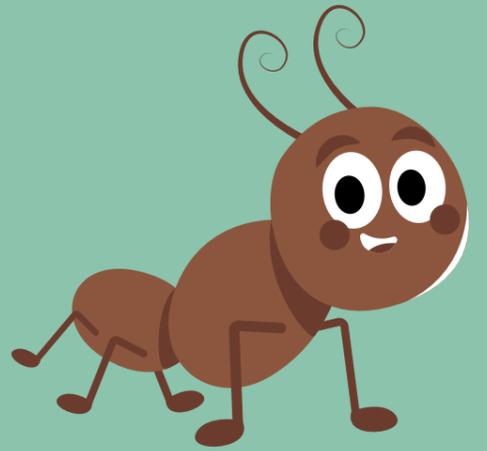
I Spy...



Tree



Cloud



Ant



Snail



Daisy



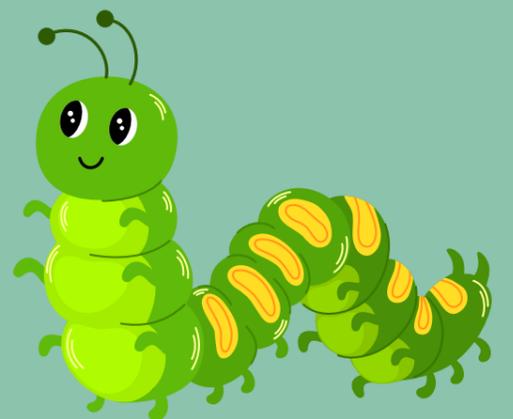
Squirrel



Bee



Fly



Caterpillar

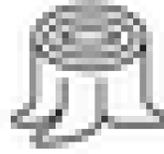
I wonder what the most amazing thing near you is?

Amazing

QUIBLY

CHURCH

Can you find your way through the maze?



Trees have fingerprints as well as humans... their bark is unique and identifies them. Also inside the tree the rings show its age but also are unique.

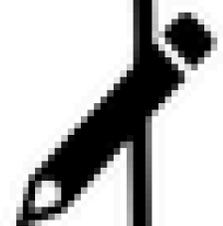
Can you rub over a tree bark with paper and a crayon and see it's special marks?

The bible tells us in Psalm 139 that we are amazing and wonderful... created together, we look different, sound different even smell differently but God still thinks we are amazing. In fact He even knows how many hairs are on our head He cares that much.

When animals were created there must have been lots of fun - putting the long neck on the giraffe and the mask on the sloth and what about a duck-billed platypus?

Can you draw a crazy animal?

Every single fingerprint is different - no-one has the same print, not even identical twins. Every person is unique.



All Saints Church Llanedeyrn

All Saint's Church in Wales Primary School

2nd Sunday in the month

9.30am All Age Worship

A lively and creative service, designed to engage all ages.

4th Sunday in the month

9.30am All Age Eucharist

A relaxed and informal Eucharist at which all ages are welcome.

All Saints Church is proudly inclusive and affirming of all!

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